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**FOR IMMEDIATE RELEASE**  
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***It's WORKing!! Due to High Demand for Fitness  
Boot Camp Class City Relocating Site; Evening  
Class to Now be Offered at PS#6***

JERSEY CITY –Mayor Steven M. Fulop, the Department of Recreation, and the Department of Health and Human Services, proudly announce the relocation of the ongoing **Fitness Boot Camp** taking place on Tuesday and Thursday evenings throughout Jersey City due to overwhelming participation.

The **Fitness Boot Camp - Evening Class**, is moving from the Pershing Field Community Center to its new location at **P.S. #6 Elementary School**, located at **100 St. Pauls Avenue** in the Heights. The class meets every Tuesday and Thursday at 7 p.m.

“We are excited to see so many residents take advantage of the health and wellness programs we have launched,” said **Mayor Fulop**. “Participating in recreation and fitness classes not only provides health benefits, but is also a great way to get to know new people and expand your network.”

This new and improved location will allow for a larger space to accommodate more people and new exercises. At each of the evening classes, between two and three dozen residents attend.

The **Fitness Boot Camp**, which is a **FREE program** for adults, also meets on Tuesdays and Thursdays from 6:00 a.m. to 7:00 a.m. at the Mary McLeod Bethune Center, 140 Martin Luther King Drive.

For more information please contact 201-547-5003 or visit [www.jerseycitynj.gov](http://www.jerseycitynj.gov).

All media inquiries should be directed to Jennifer Morrill, Press Secretary to Mayor Steven M. Fulop at 201-547-4836.//////